

# 1 **Tau protein aggregation associated with SARS-CoV-2 main protease**

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14

## 15 **Abstract**

16 The primary function of virus proteases is the proteolytic processing of the viral polyprotein. These  
17 enzymes can also cleave host cell proteins, which is important for viral pathogenicity, modulation of  
18 cellular processes, viral replication, the defeat of antiviral responses and modulation of the immune  
19 response. It is known that COVID-19 can influence multiple tissues or organs and that infection can  
20 damage the functionality of the brain in multiple ways. After COVID-19 infections, amyloid- $\beta$ ,  
21 neurogranin, tau and phosphorylated tau were detected extracellularly, implicating possible  
22 neurodegenerative processes.

23 The present study describes the possible induction of protein aggregation by the SARS-CoV-2 3CL  
24 protease (3CL<sup>pro</sup>) possibly relevant in neuropathology, such as aggregation of tau, alpha-synuclein and  
25 TPD-43. Further investigations demonstrated that tau was proteolytically cleaved by the viral protease  
26 3CL and, consequently, generated aggregates. However, more evidence is needed to confirm that  
27 COVID-19 is able to trigger neurodegenerative diseases.

28

29 **Keywords:** Tau, 3CL<sup>pro</sup>, SARS-CoV-2, Covid-19, aggregation, viral infection

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## 34 **Introduction**

35 Viral pathogens encode their protease(s) or use host proteases for their replication cycle. In the case  
36 of acute respiratory syndrome coronavirus 2 (SARS-CoV-2), proteolytic cleavage of the two virus  
37 polyproteins generates the various viral proteins needed to form a replication complex required for  
38 transcription and replication of the viral genome and subgenomic mRNAs. The key viral enzymes  
39 responsible are the papain-like (PLP, nsp3) and 3-chymotrypsin-like proteases (3CL<sup>pro</sup>) [1-3]. In  
40 addition, host cell protein cleavage is a critical component of viral pathogenicity [4], including  
41 diverting cellular processes to viral replication, defeating antiviral responses and immune response  
42 modulation. Many large-scale analyses of the SARS-CoV-2 infected-cell transcriptome, proteome,  
43 phosphoproteome and interactomes are described [5-7]. Regarding the 3CL<sup>pro</sup> human substrate  
44 repertoire, also known as the degradome [8], Pablos et al., 2021 identified over 100 substrates and 58  
45 additional high confidence candidate substrates out of SARS-CoV-2 infected human lung and kidney  
46 cells [9].

47 SARS-CoV-2 was identified in December 2019 as the causative agent of coronavirus disease-19  
48 (COVID-19) first occurring in Wuhan, Hubei province, China [10]. According to the data that were  
49 reported to the World Health Organization (WHO) up to the 3<sup>rd</sup> of January 2023, the global SARS-  
50 CoV-2 pandemic was associated with >655 million confirmed cases of infections and >6.6 million  
51 virus-related deaths worldwide [11].

52 It is well known that SARS-CoV-2 infection can influence multiple tissues or organs [12-16]. Post-  
53 COVID syndrome (also known as Long-COVID) has also been described as a syndrome that  
54 encompasses a prolonged course of various physical and neuropsychiatric symptoms that persist for  
55 more than 12 weeks [17,18]. It has also been reported that COVID-19 can damage the brain in different  
56 ways (Table 1).

57 **Table1.** Some neurological symptoms caused by COVID-19.

<b>Neurological symptom</b>	<b>Reference</b>
Loss of smell (anosmia) and altered taste (ageusia)	[19]
Myoclonus, cerebellar ataxia, seizure and tremor	[20,21]
Headache	[22]
Cardiorespiratory failure	[23]
Encephalopathy	[24]
Acute Disseminated Encephalomyelitis	[25]
Stroke	[26]
Guillain-Barre syndrome	[27]

58 Douaud et al. 2022 described the dramatic effects of SARS-CoV-2 infections on the brain structure,  
59 including a reduction in grey matter thickness, tissue damage in regions that are functionally connected

60 to the primary olfactory cortex and a significant reduction in global brain size [28]. However, so far,  
61 there exists no direct link with the generation of neurodegenerative diseases like Parkinson's disease  
62 (PD), Alzheimer's disease (AD), amyotrophic lateral sclerosis (ALS), frontotemporal dementia (FTD),  
63 Huntington's disease (HD), spinocerebellar ataxias, corticobasal degeneration, progressive  
64 supranuclear palsy, chronic traumatic encephalopathy, or multiple system atrophy. These diseases have  
65 many common features, including their chronic and progressive nature, the increased prevalence with  
66 age, destruction of neurons in specific areas of the brain, damage to the network of synaptic  
67 connections, and selective brain mass loss [29]. Another event is the progressive accumulation of  
68 misfolded protein aggregates with well-ordered structures. The proteins most commonly implicated in  
69 the accumulation of cerebral misfolded aggregates include amyloid-beta ( $A\beta$ ), tau, alpha-synuclein ( $\alpha$ -  
70 Syn) and TAR DNA-binding protein 43 (TDP-43) [29].

71 After COVID-19 infections in the brain, amyloid- $\beta$ , neurogranin, tau and phosphorylated tau can  
72 be detected extracellularly, implicating possible neurodegenerative processes [30]. Another study  
73 demonstrated that the spike protein receptor binding domain binds to heparin and heparin-binding  
74 proteins, including amyloid- $\beta$ ,  $\alpha$ -synuclein, tau, prion and TDP-43, which may initiate the pathological  
75 aggregation of these proteins resulting in neurodegeneration [31,32]. Ramani et al. 2020 showed that  
76 SARS-CoV-2 targets neurons of 3D human brain organoids and neurons invaded with SARS-CoV-2  
77 at the cortical area display altered tau, tau hyperphosphorylation distribution and apparent neuronal  
78 death [33].

79 Tau phosphorylation and tau proteolysis are likely key factors in disease-associated tau aggregation  
80 and accumulation. Tau proteolysis can destabilise its primary structure, preventing correct folding and  
81 can lead to the formation of aggregated tau species due to a disordered quaternary structure. Tau can  
82 be cleaved by various proteolytic enzymes, including caspases, calpains, thrombin, cathepsins,  
83 metalloprotease 10, asparagine endopeptidase and puromycin-sensitive aminopeptidase [34].

84 Here, we report the cleavage and aggregation of tau after SARS-CoV-2 3CL<sup>pro</sup> treatment *in vitro*  
85 using a combination of ThT assays, analytical HPLC and mass spectrometry.

86

## 87 **Material and Methods**

### 88 Preparation of alpha-synuclein, TDP-43 and 2N4R tau

89 Alpha-synuclein was cloned, expressed and purified, as described previously [35]. TDP-43 sample  
90 was kindly provided by Dr Jeanine Kutzsche (IBI-7, Forschungszentrum Jülich). The gene for human  
91 tau (2N4R) encodes a protein of 441 amino acids. The respective gene was commercially synthesised

92 and cloned into the pET28A(+) vector (Genentech, San Francisco, USA), without His-tag. Protein  
93 expression was performed as described previously [36].

94 Protein extraction began by dissolving the cell pellet of 1 L expression in 30 ml buffer 1 (50 mM  
95 HEPES pH 7.5, 500 mM KCL, 5 mM  $\beta$ -ME and 1 mM EDTA). The dissolved cell pellets were heated  
96 for 30 min at 85 °C followed by 10 min on ice, and samples were sonicated 3 x 40 seconds at a power  
97 setting of 5 in an ultrasonic cell disruptor Modell 250 (Branson Ultrasonic, Brookfield, USA). Bacterial  
98 debris was pelleted for 50 min at 10,000 x g. Soluble tau protein was precipitated from the supernatant  
99 by adding 40 ml of a saturated ammonium sulfate solution and incubated for 30 minutes at room  
100 temperature. Afterwards, the samples were centrifuged for 30 min at 10,000 x g, and the pellet was  
101 resuspended in buffer 2 (50 mM HEPES pH 7.5, 50 mM KCL, 1.5 M ammonium sulfate, 2 mM TCEP  
102 and 1 mM EDTA). The solution was centrifuged for 30 minutes at 10,000 x g, and the pellet was  
103 resolved in 10 mL ddH<sub>2</sub>O and 2 mM TCEP. The sample was centrifuged again for 30 minutes at 10,000  
104 x g, and the appearing pellet was resuspended in buffer 3 (20 mM HEPES pH 6.7, 150 mM NaCl, 2  
105 mM TCEP and 1 mM EDTA). The sample was centrifuged for 1h at 12,000 x g, and the supernatant  
106 was dialysed overnight at 6 °C against buffer 4 (50 mM ammonium acetate pH 7.4, 1 mM TCEP). The  
107 protein purity was assessed by SDS/PAGE (15%).

108

### 109 Western Blot with fluorescent tau13 antibody

110 For western blots, a fluorescent anti-tau antibody was used. Therefore tau13 (Biolegend, San  
111 Diego, USA) was labelled with CF633 (Biotium, Fremont, USA), and the labelling process was  
112 performed as described previously [37]. 2N4R tau recombinant protein samples were prepared in  
113 Laemmli buffer (final 1× composition: 20 mM Tris, pH 6.8, 2% SDS, 6% glycerol, 1%  $\beta$ -ME, 0.002%  
114 Bromophenol Blue). All samples were heated at 95 °C for 5 min and separated using SDS PAGE  
115 (15%). Proteins were then transferred to a polyvinylidene fluoride (PVDF) membrane (Thermo Fisher  
116 Scientific, Waltham, USA) at 500 mA for 40 min. After a washing step for 15 min in Tris-buffered  
117 saline tween buffer (TBS-T) (20 mM Tris, 150 mM NaCl, 0.1% Tween 20), the membrane was blocked  
118 for 1 h with 2.5% milk powder/TBS-T. Next, the membrane was washed with TBS-T, 2 × 5 min and  
119 in the last step for 15 min. Tau13 stocks were 1 mg/ml and were diluted in TBS-T (1:5000). The  
120 membrane was incubated with the antibody for 1.5 h. at RT. After a final wash step (2 × 5 min and 1 ×  
121 10 min), TBS-T was performed. Detection based on the CF633 fluorescence of the labelled tau13  
122 antibody. Bio-Rad universal hood II and Chemidoc XRS camera and Quantity One 4.6.5 software  
123 enabled the visualisation and quantification of the protein bands.

## 124 Cloning, expression and purification of SARS-CoV-2 3CL<sup>pro</sup>

125 SARS-CoV-2 3CL<sup>pro</sup> (Uniprot entry: P0DTD1, virus strain: hCoV-19/Wuhan/WIV04/2019) was  
126 cloned, expressed and purified, as described previously [38].

127

## 128 Thioflavin T Aggregation (ThT) Assay

129 ThT aggregation assays were conducted in Corning half area 96-well plates with the non-binding  
130 surface (Corning No. 3881, Glendale, AZ, USA). As a control, polymerisation of 2N4R tau was  
131 initiated in the presence of the aggregation inducer heparin (Sigma-Aldrich, USA) with a molar ratio  
132 of 4:1 (Tau:heparin). 10  $\mu$ M tau was incubated with 2.5  $\mu$ M heparin (the final volume of the reaction  
133 mixture was 150  $\mu$ l). The experiment buffer contained 20 mM Tris pH 7.2, 200 mM NaCl, 1 mM TCEP  
134 and 10  $\mu$ M ThT. Fluorescence intensities were measured at 6 minutes intervals over 30 hours at 350  
135 rpm and 37°C using an Infinite 200 PRO plate reader (Tecan, Männedorf, Switzerland). The excitation  
136 and emission wavelengths were 440 and 490 nm, respectively. All measurements were performed in  
137 triplicate, and data are presented as mean  $\pm$  SD.

138

## 139 Thioflavin T Aggregation (ThT) Assay using SARS-CoV-2 3CL<sup>pro</sup> as the inducer

140 ThT assays were performed as described before. Instead of heparin, 10  $\mu$ M SARS-CoV-2 3CL<sup>pro</sup>  
141 was used as an aggregation inducer. In a preliminary test, the effect of 3CL<sup>pro</sup> against 10  $\mu$ M 2N4R  
142 tau,  $\alpha$  synuclein and TDP-43 was tested over 24h. As a control, the same experiment was performed  
143 with the single proteins.

144 A further experiment was performed with inactivated 3CL<sup>pro</sup>, the protease was incubated with an  
145 equimolar concentration of Disulfiram (DSF) (10 $\mu$ M) for 30 minutes at RT, after 10  $\mu$ M 2N4R tau and  
146 ThT was added, and the experiment was running for 24h. As a control, 2N4R tau was incubated with  
147 DSF and monitored for the same experimental time.

148 Furthermore, a ThT assay of 10  $\mu$ M tau and 3CL<sup>pro</sup> were stopped after 24h, and the protease was  
149 inactivated through DSF addition (10  $\mu$ M) and incubated for 30 minutes at RT. Afterwards, a new tau  
150 sample (10 $\mu$ M) was added. The same procedure without inactivating the protease was followed as a  
151 control. All measurements were performed in triplicate, and data are presented as mean  $\pm$  SD.

152

## 153 Investigation of tau and 3CL<sup>pro</sup> doses dependency

154 Different concentrations were titrated to investigate tau, and 3CL<sup>pro</sup> doses dependency on the  
155 2N4R tau fibril formation and a ThT assay was performed as described before. The effect of 0, 2.5, 5,

156 10, 25 and 50  $\mu\text{M}$  3CL<sup>pro</sup> was tested against 10  $\mu\text{M}$  tau over 24h. We also tested the opposite effect,  
157 where 0, 5, 10, 20, 40, 60, 80, and 100  $\mu\text{M}$  of tau were tested against 10  $\mu\text{M}$  3CL<sup>pro</sup>. All experiments  
158 were performed in triplicate, and data are presented as mean  $\pm$  SD.

159

160 **Stability of tau in the presence of Sars-CoV-2 3CL<sup>pro</sup> investigated by High-performance**  
161 **liquid chromatography**

162 To explore the proteolytic degradation of tau by 3CL<sup>pro</sup> samples after 0, 24, 48 and 72 h incubation  
163 were analysed by high-performance liquid chromatography (HPLC). Agilent 1260 Infinity II system  
164 (Agilent Technologies, Santa Clara, CA, USA), equipped with a quaternary pump, autosampler, heated  
165 column compartment, multi-wavelength detector (MWD) and an analytical fraction collector, was  
166 used. 20  $\mu\text{L}$  of sample solution was injected into an Agilent Zorbax 300-SB C8 4.6\*250 mm, 5  $\mu\text{m}$   
167 reversed-phase liquid chromatography column (Agilent Technologies, Santa Clara, CA, USA), which  
168 was heated to 80 °C. Mobile phases consisted of A: Water + 0.1% Trifluoroacetic acid (TFA) and B:  
169 Acetonitrile + 0.1% TFA. Analyte elution was accomplished by a linear gradient from 10% to 80%  
170 buffer B in 20 min. Chromatograms were acquired at 214 nm and 280 nm. Furthermore, data  
171 acquisition and evaluation were performed with the Agilent OpenLab software (Version 2.6). The  
172 mean peak area of each triplicate was plotted against incubation time. Chromatograms of tau with  
173 3CL<sup>pro</sup> and chromatograms with a single protein were investigated for metabolite formation after an  
174 incubation period of up to 72 h. The peaks related to the sample in which both proteins were present  
175 (max incubation 72 h) were considered potential metabolites of the tau protein produced by Sars-CoV-  
176 2 3CL<sup>pro</sup>.

177

178 **Purification of tau metabolites after proteolytic degradation by Sars-CoV-2 3CL<sup>pro</sup>**

179 To further investigate tau metabolites produced by incubation with Sars-CoV-2 3CL<sup>pro</sup>, we used  
180 HPLC and further mass spectrometry (MS) analysis. Tau was incubated with the protease for 72h at  
181 37 °C and 500 rpm. HPLC conditions were the same as described above. 100  $\mu\text{L}$  of the sample was  
182 applied to the column per each chromatography run, and fractions were collected every minute.  
183 Fractions containing the same peak were pooled and lyophilised; subsequently, the samples were  
184 submitted for MS analysis.

185

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187

## 188 Sample processing and mass spectrometry

189 Lyophilised samples were resuspended in 500  $\mu$ L 0.1% trifluoroacetic acid (TFA) and digested  
190 with trypsin (Serva, Heidelberg, Germany) in 50 mM  $\text{NH}_4\text{HCO}_3$  overnight at 37 °C. Tryptic peptides  
191 were extracted with 0.1% TFA and subjected to MS-coupled liquid chromatography. Briefly, for  
192 peptide separation over a 55-minute LC-gradient with 300 nL/min in an Ultimate 3000 Rapid  
193 Separation liquid chromatography system (Thermo Scientific, Bremen, Germany) equipped with an  
194 Acclaim PepMap 100 C18 column (75  $\mu$ m inner diameter, 25 cm length, 2 mm particle size from  
195 Thermo Scientific, Bremen, Germany) was used. MS analysis was carried out on a Q-Exactive plus  
196 mass spectrometer (Thermo Scientific, Bremen, Germany) operating in positive mode and equipped  
197 with a nanoelectrospray ionisation source. The capillary temperature was set to 250 °C and the source  
198 voltage to 1.5 kV. Survey scans were carried out over a mass range from 200-2,000 m/z at a resolution  
199 of 70,000 (at 200 m/z). The target value for the automatic gain control was 3,000,000, and the  
200 maximum fills time was 50 ms. The 20 most intense peptide ions (excluding singly charged ions) were  
201 selected for fragmentation. Peptide fragments were analysed using a maximal fill time of 50 ms,  
202 automatic gain control target value of 100,000 and a resolution of 17,500 (at 200 m/z). Already  
203 fragmented ions were excluded for fragmentation for 10 seconds.

204 Acquired spectra were searched using Sequest HT within Proteome Discoverer version 2.4.1.15  
205 against the SwissProt *Homo sapiens* proteome dataset (UP000005640, 75777 sequences) with the  
206 inserted sequence of the human tau protein and an *E.coli* BL21 (DE3) database (UP000002032, 4156  
207 sequences). Methionine oxidation was considered a variable modification and tryptic cleavage  
208 specificity with a maximum of two missed cleavage sites. For the main search, a precursor mass  
209 tolerance of 10 ppm and a mass tolerance of 0.02 Da were applied for fragment spectra. For the semi-  
210 specific tryptic search of peptides, PEAKS Studio 10.6 Build 220201221 was used, and the above  
211 human database was searched with an error tolerance of 20 ppm for parent masses and an error  
212 tolerance of 0.2 Da for fragment masses.

213

## 214 Surface-based fluorescence intensity distribution analysis

215 To quantify tau aggregation due to 3CL<sup>pro</sup> activity, surface-based fluorescence intensity distribution  
216 analysis (sFIDA) was performed according to the biochemical principle of Kravchenko et al. 2017, and  
217 Herrmann et al. 2017 [39,40]. Therefore, we used 384-Well plates (Greiner, Kremsmünster, Austria)  
218 to incubate the capture-antibody tau12 in 0.1 M carbonate at a 2.5  $\mu$ g/ml concentration. After a fivefold  
219 washing step with TBS-T and TBS, 80  $\mu$ l of blocking solution (Candor Bioscience, Wangen, Germany)

220 was added and incubated for 1.5 h. Afterwards, the plate was washed like previously described, and  
221 20 µl of tau conjugated silica-nanoparticles (SiNaPs) and tau aggregates diluted in low cross buffer  
222 strong (Candor Bioscience GmbH, Wangen in Allgäu, Germany) were added. In Addition, 20 µl of  
223 10 nM and 100 nM tau monomer were applied.

224 To investigate the formation of tau oligomers or aggregates induced by 3CL<sup>pro</sup>, 5 µM tau monomer  
225 was incubated with 5 µM 3CL<sup>pro</sup> for 72 h. The negative control was established equivalently; however,  
226 the protease was previously inactivated with 10 µM Disulfiram (DSF).

227 The samples, buffer control (BC) and capture control (CC), were incubated for 2 h and washed five  
228 times with TBS. For capture control, the capture antibody was omitted. As a detection probe, 20 µl of  
229 0.078 µg/ml tau13 CF633 in TBS was used. After 1 h of incubation, the wells were washed five times  
230 with TBS, and the buffer was changed against TBS-ProClin. The SiNaPs and antibodies used were  
231 synthesised and labelled according to the previously described principle [37,41].

232

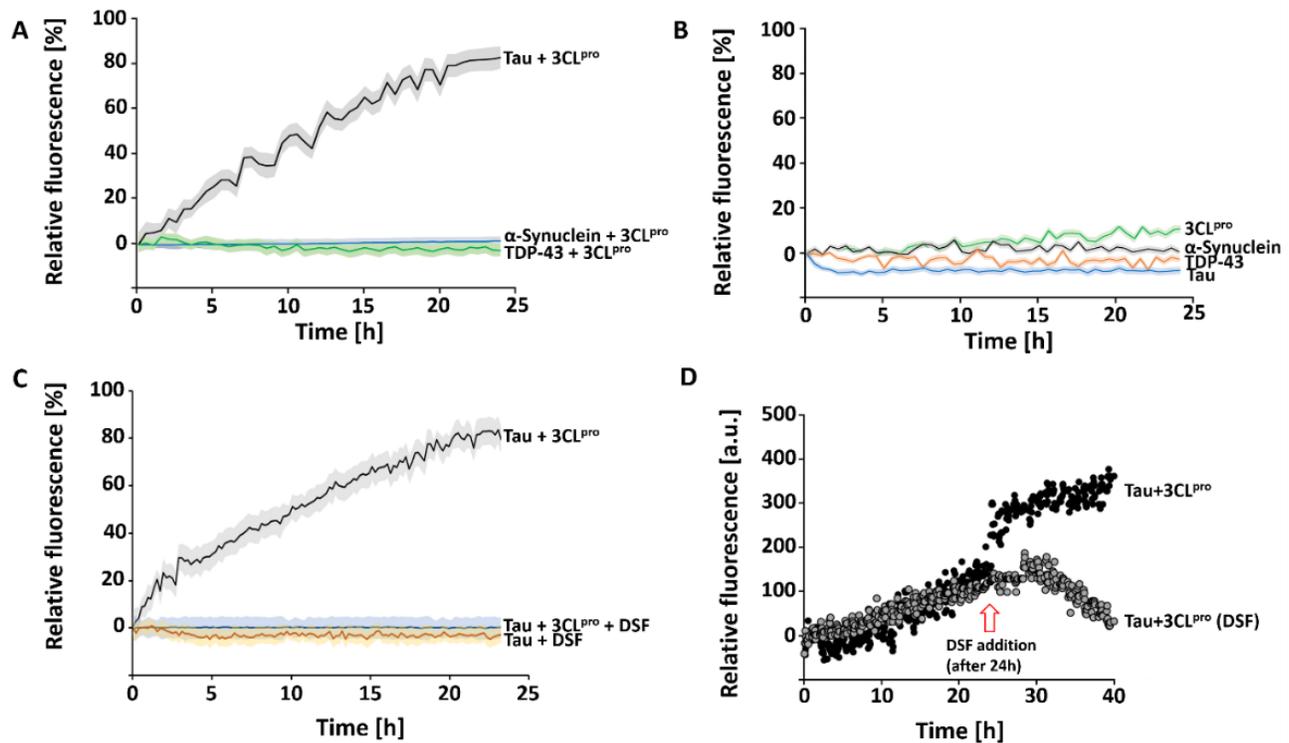
## 233 **Results and Discussion**

234 Purification of 2N4R tau with a precipitation approach and characterisation of the  
235 protein

236 2N4R tau was expressed in BL21 (DE3) (T1) *E. coli* and purified by a precipitation approach.  
237 2N4R tau consists of 266 amino acids with an approximated molecular weight of 46 kDa. The purity  
238 was assessed by SDS PAGE ([Supplementary figure S1](#)). However, the protein presented a single band  
239 on a denaturing SDS-PAGE gel with an apparent molecular mass of 60 kDa. A western blot with the  
240 specific antibody (Tau13, Biolegend) confirmed the target protein ([Supplementary figure S2A](#)).  
241 Following successful purification, 2N4R tau was characterised to compare the properties to those  
242 previously reported [42-45]. It is well known that tau, in the monomeric state, is inherently unfolded,  
243 with predominantly random-coil conformation. Our CD analysis confirmed this observation for the  
244 purified protein, with minimum peaks around 200 nm ([Supplementary figure S2B](#)). Tau aggregation  
245 was investigated using ThT assay and heparin as an inducer [46]. The results of the ThT assay indicated  
246 that heparin promoted the induction and acceleration of tau aggregation within 24h ([Supplementary](#)  
247 [figure S2C](#)). The structural changes of tau in the presence of heparin were followed by CD  
248 spectroscopy, demonstrating a shift of the absorbance spectrum from 202 (random-coil conformation)  
249 to 213 (beta-sheet conformation) nm ([Supplementary figure S2B](#)). Those results demonstrated that tau  
250 had been successfully aggregated by heparin because the aggregation of this protein is characterised  
251 by a transition from random coil to beta-sheet conformation [43].

252 Identification and characterisation of tau aggregation events induced by SARS-CoV-2  
253 3CL<sup>pro</sup> using ThT assay

254 To identify a possible aggregation effect caused by SARS-CoV-2 3CL<sup>pro</sup> on tau, alpha-synuclein  
255 and TDP-43 proteins, a ThT fibrillation assay was performed. The preliminary test showed that tau  
256 aggregates increased over time after the addition of 10  $\mu$ M of SARS-CoV-2 3CL<sup>pro</sup>, which was not  
257 observed for alpha-synuclein and TDP-43 (Fig. 1A). To confirm our preliminary results, control  
258 experiments using the single proteins was performed, which indicated no signal of aggregation over  
259 the time (Fig. 1B).



260  
261 **Figure 1. Effect of SARS-CoV-2 3CL<sup>pro</sup> on 2N4R tau aggregation and effect of 3CL<sup>pro</sup> inactivation on tau aggregation** A: ThT  
262 assay of 2N4R tau,  $\alpha$ -Synuclein and TDP-43, 3CL<sup>pro</sup> used as aggregation inducer. The experiment was performed for 24 h, 37  $^{\circ}$ C and  
263 600 rpm. B: Control ThT assay of single 3CL<sup>pro</sup>,  $\alpha$ -Synuclein, TDP-43 and tau. The inactivation of the protease was treated with 10  $\mu$ M  
264 DSF. C: ThT assay of inactivated 3CL<sup>pro</sup>, tau aggregation was not observed. D: ThT assay of 2N4R tau, aggregation was induced by  
265 3CL<sup>pro</sup>. After 24h DSF inactivated the protease and after 30 minutes of incubation, 10  $\mu$ M fresh tau was added. Data shown are the mean  
266  $\pm$  SD from three independent measurements (n=3).

267 Additional ThT experiments were performed to evaluate the dose dependency of SARS-CoV-2  
268 3CL<sup>pro</sup> and 2N4R tau concentration on the aggregation behaviour of tau. A higher concentration of the  
269 protease (0, 0.5, 1, 2.5, 5 and 10  $\mu$ M) caused a higher amount of the tau aggregates in a given time of  
270 24h (Supplementary fig. S3A). Similarly, the titration of tau at different concentrations (0, 5, 10, 20,  
271 40, 60, 80 and 100  $\mu$ M) demonstrated that the monomer concentration and its cleavage are  
272 accompanied by the amount of aggregate formation (Supplementary fig. S3B).

273

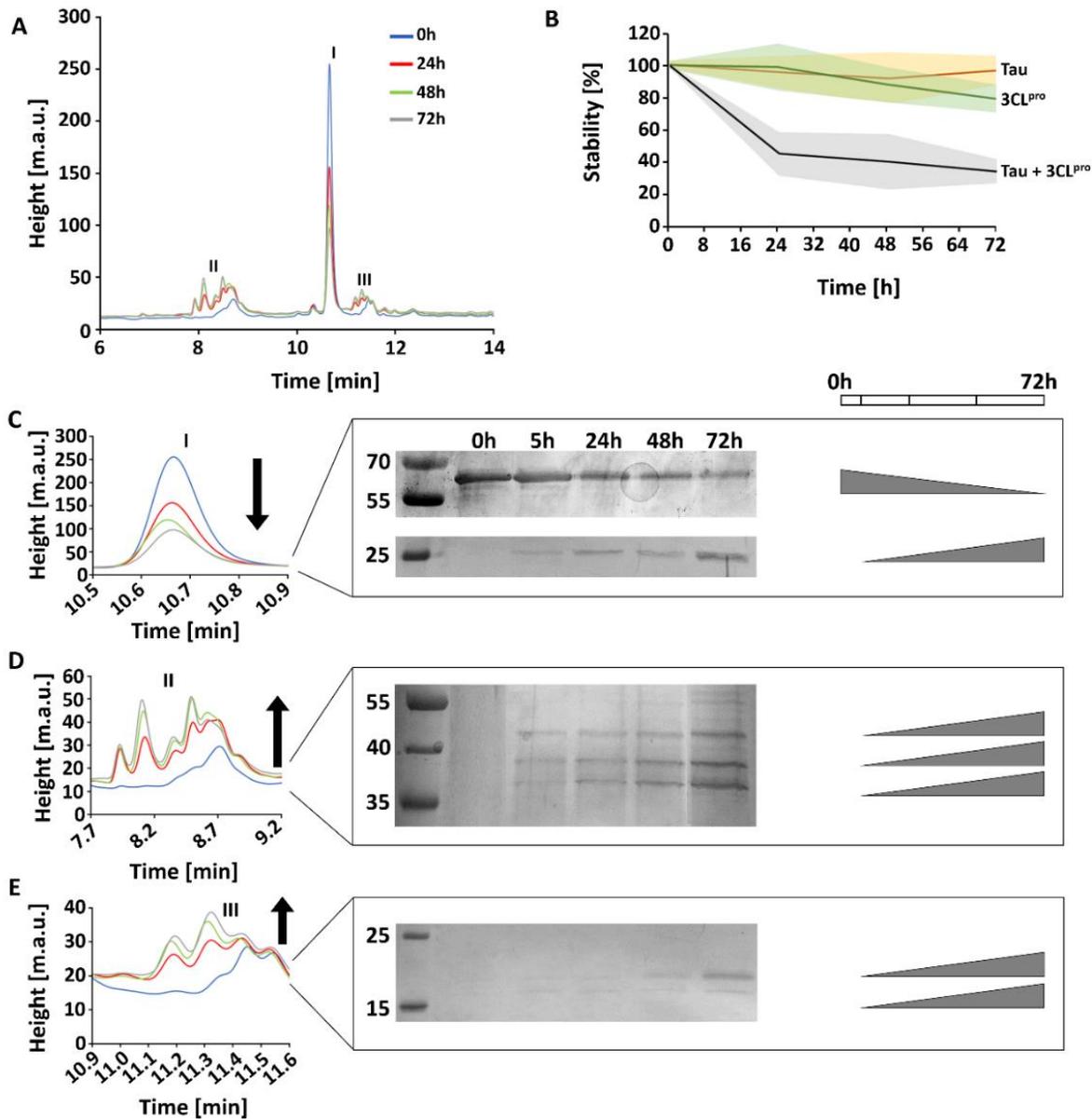
## 274 Effect of SARS-CoV-2 3CL<sup>pro</sup> inactivation on tau aggregation

275 There exist two possibilities for how SARS-CoV-2 3CL<sup>pro</sup> induced tau aggregation: (1) both  
276 proteins interact and form aggregates; (2) the protease cleaves tau and thus produces insoluble  
277 fragments that will initiate the aggregation process. To discover the possible forms of the aggregation  
278 endured by tau protein, we performed ThT assays using inactivated 3CL<sup>pro</sup> by disulfiram (DSF), a  
279 known 3CL<sup>pro</sup> inhibitor [47]. The results demonstrated that inactivation of the protease prevents tau  
280 aggregation (Fig. 1C), which allows us to suggest that the proteolysis role of the 3CL<sup>pro</sup> initiates the  
281 aggregation process. The addition of DSF in a running ThT assay stopped the tau aggregation  
282 immediately (Fig. 1D).

283

## 284 Stability of tau under SARS-CoV-2 3CL<sup>pro</sup> influence

285 The stability of 2N4R tau under the influence of SARS-CoV-2 3CL<sup>pro</sup> was investigated using  
286 analytical HPLC experiments. Interestingly, the results demonstrated an evident cleavage of tau protein  
287 by the virus protease (Fig. 2). As described before, the protein mix was analysed over 0, 24, 48 and 72  
288 h of incubation. The corresponding tau monomer peak (I) (retention time: 10.6 minutes) in the  
289 chromatogram decreased over 72h (Fig. 2A), which can also be observed in a silver-stained SDS PAGE  
290 (Fig. 2C). Beside the reduction of the monomer form of tau the presence of a new protein band around  
291 25 kDa was observed, which allow us to suggest that it represents the tau fragments after the 3CL<sup>pro</sup>  
292 proteolytic effect. Additionally, two additional peaks were observed on the analytical HPLC  
293 chromatogram (II, III) (Fig. 2A, D and E). SDS PAGE analysis of the related fractions (regions II and  
294 III) also validated the increasing protein bands over experimental time.



295

296 **Figure 2. Effect of SARS-CoV-2 3CL<sup>pro</sup> on 2N4R tau degradation.** **A:** Analytical HPLC analysis of 2N4R tau incubated with SARS-  
 297 CoV-2 3CL<sup>pro</sup> for 0, 24, 48 and 72h. The corresponding chromatogram regions of the tau monomer and related metabolites are labelled  
 298 (I-III). **B:** Stability of 2N4R tau monomer after treatment with 3CL<sup>pro</sup> over 72h. Single tau and 3CL<sup>pro</sup> are shown as control. After 3CL<sup>pro</sup>  
 299 treatment, the tau monomer amount decreases by about 60%. **C:** Chromatogram of peak I (Tau) shown enlarged, a silver stained SDS  
 300 PAGE demonstrated that the 2N4R tau amount decreased over 72h treatment with 3CL<sup>pro</sup> and a protein band increases at 25 kDa. **D:**  
 301 Chromatogram of peak region II shows enlarged three protein bands appearing over 72h experimental time. **E:** Chromatogram of peak  
 302 region III shown enlarged, two protein bands appear over the 72h experimental time.

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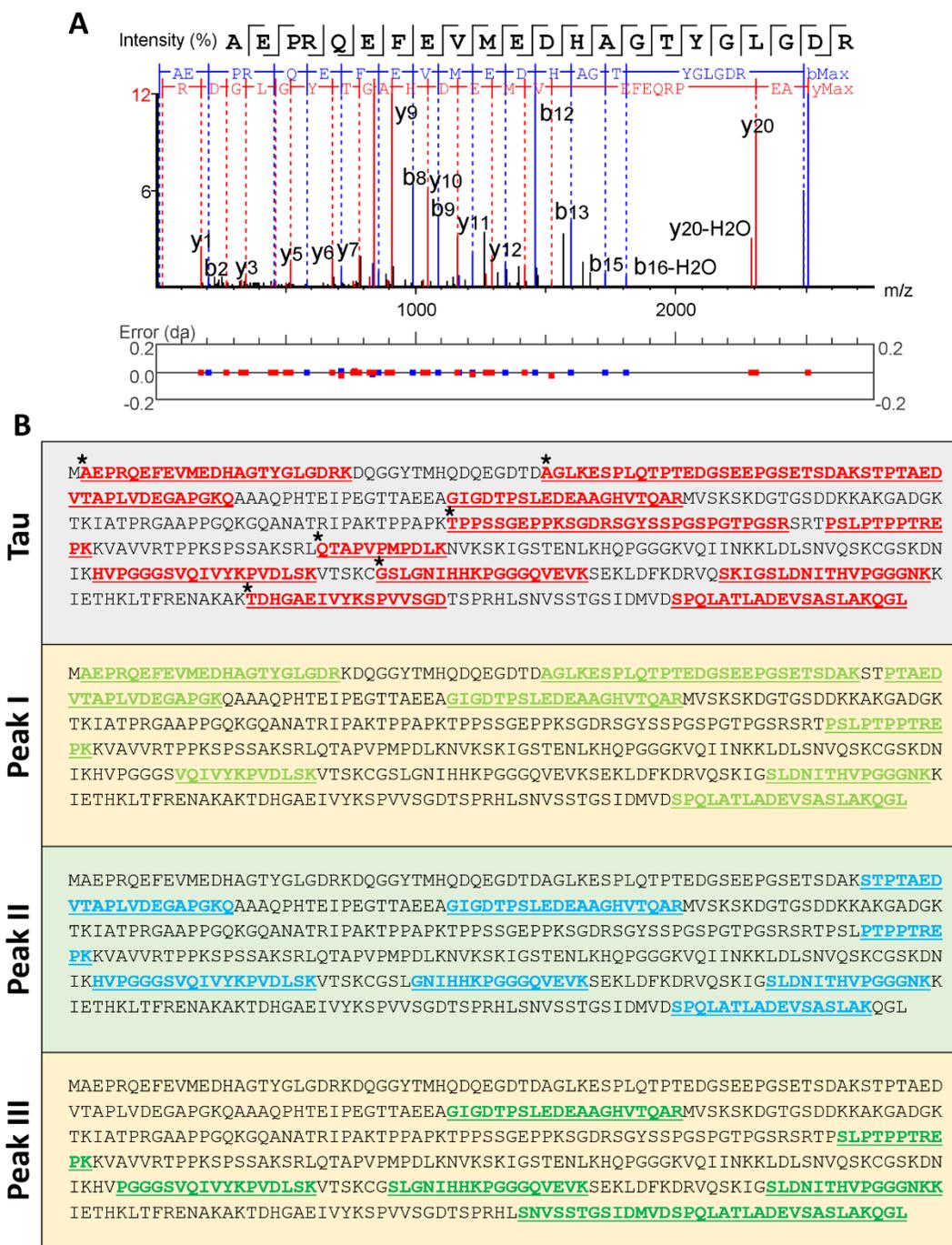
Based on our results, we assumed that SARS-CoV-2 3CL<sup>pro</sup> cleaves tau possibly in different sites, resulting in truncated tau species. After 72 h experimental time, the 2N4R tau amount was reduced by about 60% related to the start point. Interestingly, in the first 24 h, the degradation process declines substantially to about 50% of the monomer amount; however, during the remaining 48 h, the monomer amount reduced by just around 10% (Fig. 2B). This observation can be attributed to the diminished amount of the monomer itself.

309 HPLC experiments with 2N4R tau and inactivated 3CL<sup>pro</sup> showed that the corresponding tau peak  
310 and the peak regions I, II and III are unaffected. After 72 h, tau is slightly depredated (~5%)  
311 (Supplementary Fig. S4).

312  
313 Analysis of the tau digestion underwent 3CL<sup>pro</sup> using mass spectrometry

314 We have used mass spectrometry (MS) experiments to confirm tau fragments in the HPLC peaks  
315 I, II and III. Untreated 2N4R tau was used as control; in all tested samples, tau could be detected (Fig.  
316 3). The determination of tryptic tau peptides AEPRQEFVMEHDHAGTYGGLGDR,  
317 GDTPSLEDEAAGHVTQAR and SPQLATLADEVASLAK are shown in Fig. 3A and  
318 supplementary figures S5 and S6. All tryptic tau peptides that were identified are listed in  
319 supplementary tables S1-S4 (Tryptic peptides that occurred less than three times are not shown).

320 In the tau control, 111 tryptic peptides could be determined, and  
321 AEPRQEFVMEHDHAGTYGGLGDR had the highest appearance (eight times). Interestingly, we  
322 could not identify, in fractions II and III, the N-terminal tryptic peptides detected in the control and  
323 peak I (AEPRQEFVMEHDHAGTYGGLGDR and  
324 AGLKESPLQPTEDGSEEPGSETSDAKSTPTAEDVTAPLVDEGAPGKQ) (Fig. 3B).  
325 Additionally, tryptic peptides in the mid-region and C-terminus of the control sequence could not be  
326 detected in fractions related to peak I, II and III (TPPSSGEPKSGDRSGYSSPGSPGTPGSR,  
327 QTAPVPMPLK and TDHGAEIVYKSPVVSGD). Likewise, the peptide  
328 (GSLGNIHHKPGGGQVEVK) in control was not detected in the peak I sample (Fig. 3B).



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**Figure 3. Mass spectrometry analysis of tau metabolites. A:** Example of an MS spectrum corresponding to a tryptic peptide derived from 2N4R tau (AEPRQEFVMEDEHAGTYGLGDR), b- and y-ions are labelled. **B:** 2N4R tau sequences and tryptic peptides, which could be identified in the corresponding samples, are highlighted. Asterisks label tryptic 2N4R tau peptides, which could not be identified in the three peak samples.

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The tau degradation can explain that tryptic tau peptides are no longer detectable by 3CL<sup>pro</sup> into different fragments, which may influence the composition and number of tryptic tau peptides in the four tested samples, as shown in Table 2.

337

338

**Table 2.** The number of tryptic tau peptides in control and the tested HPLC samples.

Sample	Number tryptic peptides	Peptides with the highest appearance
2N4R tau	111	AEPRQFEVMEHDHAGTYGGLGDR (8x)
I	66	SPQLATLADEVSSASLAK (8x)
II	46	GDTPSLEDEAAGHVTQAR (6x)
II	63	SPQLATLADEVSSASLAK (15x)

339 2N4R tau contains a sequence  $^{241}$ SRLQTAPV $^{248}$  (QTAPVMPDLK tryptic peptide absent in peak  
340 I) which shows similarities to the preferred 3CL<sup>pro</sup> cleavage pattern ([Supplementary Fig. S7](#)). A tau  
341 cleavage at this site could generate two fragments with sizes of 25 and 20 kDa, shown on the SDS page  
342 for peak I ([Fig. 2C and 2E](#)). Furthermore, at the N-terminus of tau, there are several potential cleavage  
343 sites for 3CL<sup>pro</sup>, which can generate fragments with molecular weights between 45 and 27 kDa.  
344 Possible 3CL<sup>pro</sup> cleavage sites relating to the tau protein sequence are shown in [Supplementary Figure](#)  
345 [S7](#); this analysis is based on the amino acid preference in the SARS-CoV-2 3CL<sup>pro</sup> substrate binding  
346 site (Information conceived from the Merops database) [48] and similar amino acid sequences in the  
347 tau sequence. Four sequences showed similarities with the 3C-like protease from coronavirus-2 and  
348 one with a 3C-like peptidase from strawberry mottle virus ([Supplementary fig. S7](#)).

349 The results described in this study indicated that 2N4R tau is proteolytically cleaved by 3CL<sup>pro</sup>, and  
350 the cleavage is related to tau aggregation events. It has previously been described that tau proteolysis  
351 is associated with aggregation and that the tau protein has cleavage sites for different proteolytic  
352 enzymes [34] ([Table 3](#)).

353

**Table 3.** Examples of proteases with proteolytic activity against tau.

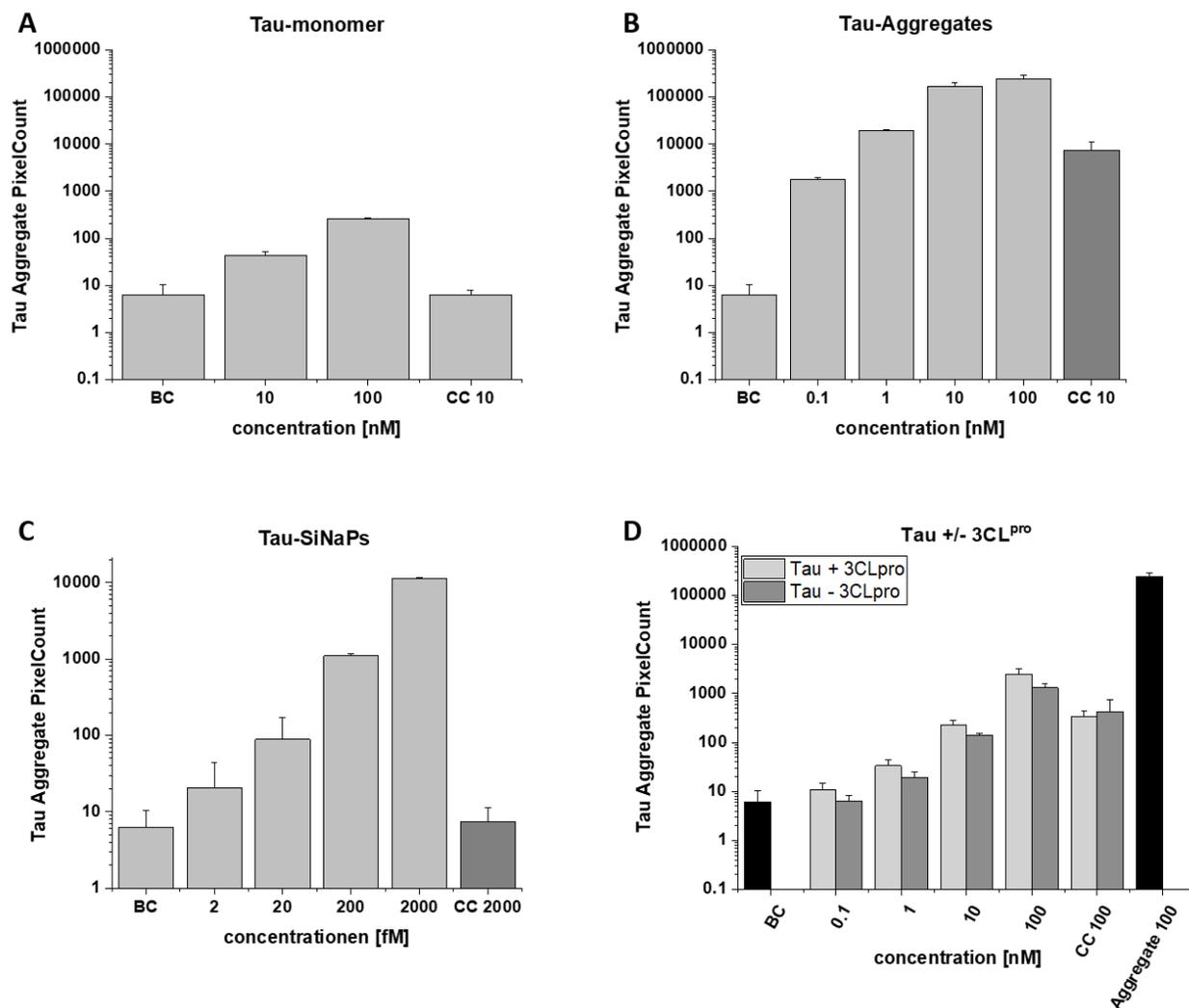
Protease	Cleavage site	Reference
Caspase-6	D13-H14	[49]
Caspase-3	D25-Q26; K44-E45	[50]
Calpain-1 and -2	R230-T231	[51,52]
Caspase-2	D314-L315	[53]
Calpain-1	K44-E45, R242-L243	[54,55]
ADAM10	A152-T153	[56]
Thrombin	R155-G156; R209-S210	[57]
Chymotrypsin	Y197-S198	[58]
Asparagine endopeptidase	N255-V256; N368-K369	[59]
Caspase-1, -3, -6, -7 and -8	D421-S422	[60]

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## 355 Surface-based fluorescence intensity distribution analysis

356 Surface-based fluorescence intensity distribution analysis (sFIDA) was performed to quantify the  
357 tau oligomers and aggregates after treatment with 3CL<sup>pro</sup>. The technique employs a similar biochemical  
358 setup as ELISA-like techniques. However, sFIDA uses the same epitope to capture and detect  
359 antibodies and features single-particle sensitivity through a microscopy-based readout (Herrmann et  
360 al., 2017). Recently, sFIDA was applied to quantify tau aggregates in cerebrospinal fluid (CSF) and

361 demonstrated its applicability in clinical settings [37]. Initial sFIDA experiments include analysis of  
 362 tau monomers, tau aggregates and tau SiNaPs (Fig. 4A-C). To quantify tau aggregates formed by  
 363 3CL<sup>pro</sup> proteolysis, two approaches were tested: tau plus active 3CL<sup>pro</sup> and tau plus inactivated 3CL<sup>pro</sup>  
 364 (with the addition of disulfiram). As shown in Fig. 4D, Tau samples containing active 3CL<sup>pro</sup> yielded  
 365 higher aggregate-specific readouts than Tau samples in presence of inactivated protease. Compared to  
 366 the Tau aggregate control, however, only a small fraction of the employed Tau substrate was converted  
 367 into aggregates.



368  
 369 **Figure 4. sFIDA experiments.** Samples, buffer control (BC) and capture control (CC) were tested. Pixel counts per concentration are  
 370 shown for **A:** Tau monomer control, **B:** Tau aggregate control, **C:** Tau SiNaPs and **D:** Influence of active 3CL<sup>pro</sup> on tau aggregation.

371 It is well known that the structural diversity of tau aggregates can make their detection technically  
 372 challenging [61].

373 For the sFIDA experiments anti-tau12 and anti-tau13 (Biologend) were used, and both antibodies  
 374 interact with the N-terminal region of tau (Tau 6-18 and 15-25) [62]. According to the mass spec results  
 375 described before, tau epitope regions for anti-tau12 and anti-tau13 are cleaved and therefore cannot

376 react with the respective antibodies in the sFIDA assays. Additionally, remaining epitopes might be  
377 masked by aggregate core formation and can therefore not any more detected by the employed antibody  
378 system.

379

## 380 **Conclusion and future work**

381 The proportion of older adults in the population is increasing in almost all countries. Worldwide,  
382 around 55 million people have dementia, which is expected to increase to 78 million in 2030 and 139  
383 million in 2050 [63]. Different dementias show a conformationally altered concentration of tau. Tau  
384 detaches from microtubules and aggregates into oligomers and neurofibrillary tangles, which can be  
385 secreted from neurons, and spread through the brain during disease progression.

386 The COVID-19 pandemic has increasingly moved virus infections into the scientific spotlight and  
387 has shown that this infection can damage the brain in many ways. The molecular underpinnings of  
388 neurodegenerative processes need to be investigated to develop appropriate therapies. Proteolysis of  
389 tau protein may be a crucial factor in forming toxic aggregates. Our results demonstrated that the  
390 SARS-CoV-2 3CL<sup>pro</sup> could cleave 2N4R tau into fragments and thus induce protein aggregation *in*  
391 *vitro*. However, further experiments need to be performed to get a closer assessment of the tau cleavage  
392 by SARS-CoV-2 3CL<sup>pro</sup>:

- 393 - Adjustment and optimisation of sFIDA assay (e.g. antibodies).
- 394 - Cleavage and accessibility of tau binding regions for specific antibodies.
- 395 - Cell toxicity of tau peptides and related aggregates.
- 396 - *In vivo* experiments will confirm the role of the 3CL<sup>pro</sup> on tau cleavage and aggregation.

397

## 398 **Conflict of interest**

399 The authors declare that no conflict of interest exists.

400

## 401 **Acknowledgements**

402 We want to thank the support of the Institute of Biological Information Processing (IBI-7)  
403 Forschungszentrum Jülich, Germany.

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## 407 **Author contributions**

408 Conceptualisation, R.J.E; methodology, R.J.E., M.A.C., I.G., K.K., A.S., V.K.S. and L.B.; validation,  
409 R.J.E., I.G., A.S. and V.K.S.; formal analysis, R.J.E., I.G., A.S. and V.K.S.; investigation, R.J.E. and  
410 M.A.C.; re-sources, K.S., O.B. and D.W.; writing—original draft preparation, R.J.E.; writing—review  
411 and editing, R.J.E., M.A.C., I.G., K.K., A.S., K.S., V.K.S., L.B.; O.B., and D.W.; supervision, R.J.E.;  
412 all authors have read and agreed to the published version of the manuscript.

413

## 414 **Funding**

415 D.W. is supported by Deutsche Forschungsgemeinschaft (DFG, German Research Foundation),  
416 Project-ID 267205415, SFB 1208. sFIDA was supported by the programs “Biomarkers Across  
417 Neurodegenerative Diseases I + II” of The Alzheimer’s Association, Alzheimer’s Research UK and  
418 the Weston Brain Institute (11084 and BAND-19-614337). We are also grateful for support from The  
419 Michael J. Fox Foundation for Parkinson’s Research (14977, 009889), from the ALS Association and  
420 from the Packard Center (19-SI-476). We received further funding from the Deutsche  
421 Forschungsgemeinschaft (INST 208/616-1 FUGG, INST 208/794-1 FUGG) and the Helmholtz  
422 Association (HVF0079).

423

## 424 **Data Availability Statement**

425 All data and material will become available upon publication; additional data supporting this study's  
426 findings are available from the corresponding author R.J.E.

427

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